

# Yellow Advertiser

Barking & Dagenham

Week ending Friday July 1, 2016

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## Local News

Dagenham, Parsloes Park, Becontree, Barking Central, Barking, Upney

### Students cook up a storm at food show

COLLEGE catering students have secured cooking experience with top chefs and London catering institutions while attending a food show.

Lee-James Hickey, Charlee Lambourne and Zjavica Carty, who all study professional cookery at Redbridge College's Chadwell Heath campus, received hands-on experience when they participated in cooking demonstrations with top Michelin Star chef Dick Middelweerd and Peter Gorton, presenter and owner of a chef consultancy service.

They also worked with Raymond Blanc's son, Oli, who is official ambassador at the inaugural London Produce and Food Show in Park Lane, on a project to help young people understand the benefits of fresh produce.

Lee-James has now been offered a trial shift with Michael Dutnall, executive chef at the prestigious Royal Air Force Club in London.

Redbridge College lecturer David Smith said: "I'm so proud of them. It was their time to shine and show that, while they may be young, they already have great ideas and a lot to give to the catering industry. "Having the chance to interact with these professional chefs has only made them more excited about their future career paths."

The show is the first of its kind held for the fresh produce supply chain, and featured talks by top celebrity chefs including Raymond Blanc.



**TALENT:** Catering students Lee-James Hickey, Charlee Lambourne and Zjavica Carty, with Peter Gorton, TV presenter and owner of a chef consultancy service

# NEW DEAL ON HOMES

COUNCIL chiefs have launched a unique property owning scheme for its tenants.

Barking and Dagenham Council announced the scheme on Wednesday as a 'national first' and a 'groundbreaking alternative to Right to Buy'.

Tenants will have the option to buy a maximum of 70 per cent of their council home. But once they decide to sell, Barking and Dagenham Council buy back the equity at market rate to retain the property for future tenants.

Councillor Darren Rodwell, leader of Barking and Dagenham Council, said: "London's ridiculously expensive property market has meant the idea of home ownership for most ordinary people is just a pipedream.

"Barking and Dagenham has the lowest level of owner-occupation in London, so it is important that we help those on low incomes to get a foot on the housing ladder. This will also help create a stable community where no-one is left behind."

The scheme will be available to

all council tenants who meet the Right to Buy criteria, however, the 70 per cent share ceiling will mean the property always remains a housing option for those on lower incomes. The scheme is also protected from landlords sub-letting.

The council's cabinet meeting agreed to finance the scheme on Tuesday June 28.

Council tenants will purchase a share of between 25 per cent and 70 per cent of their property.

CLLr Dominic Twomey, deputy leader, said: "We think the council

has a vital role to play in improving the prosperity and quality of life of our residents.

"At the moment we need to offer a shield to protect our residents from the continued effects of austerity, welfare reform and the damaging Housing and Planning Bill's 'pay to stay' which will hit many local families."

More details of the scheme can be found at: <https://www.lbdd.gov.uk/residents/housing-and-tenancy/council-housing/right-to-invest/overview/>

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We take all complaints about editorial content seriously and are committed to abiding by the Independent Press Standards Organisation (IPSO) rules and regulations and the Editors' Code of Practice that IPSO enforces (the Editors' Code).

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# Get ready to have the time of your life

NO film has captured the hearts of a generation like Dirty Dancing and now a new ultimate tribute show is giving you the chance to relive the passion.

A Night of Dirty Dancing, recast and re-scripted for 2016, is on a nationwide tour and will be at Thameside Theatre, Grays, on Wednesday, July 13.

The YA is giving away FIVE pairs of tickets to see the show so you can indulge in the romance and celebrate the greatest movie soundtrack of all time.

The Dirty Dancing soundtrack featured She's Like the Wind;

Big Girls Don't Cry; Hey! Baby; Wipeout; Hungry Eyes and the Oscar-winning (I've Had) The Time of My Life.

Show producer Michael Taylor of Easy Theatres, said: "All these hits are superbly performed in this fast-moving, slickly-choreographed theatrical treat."

A Night of Dirty Dancing - The Ultimate Tribute Show



— fast forwards theatregoers to Kellerman's end-of-season show, retelling the tale from an alternative perspective, featuring the hits from the movie.

Taylor adds: "Revel in the moments you loved, the memories you made and the music that's resonated throughout the years."

For further information and tickets to see A Night of Dirty Dancing at Thameside Theatre, Grays, on Wednesday, July 13, visit [thurrock.gov.uk/thameside-theatre](http://thurrock.gov.uk/thameside-theatre) or [easytheatres.com](http://easytheatres.com), or call 0845 300 5264.

To win one of five pairs of tickets to the show, which starts at 7.30pm, just answer the following question.

**Q: The film Dirty Dancing starred**

Jennifer Grey and which other actor?

**A: Kiefer Sutherland**

**B: Michael J Fox**

**C: Patrick Swayze**

To enter the competition telephone your answer - A, B or C - to 0901 307 1678 with your name, address, telephone number and email. Alternatively text YANIGHT (space) followed by A, B or C, and your name, full address and email to 63333.

Calls cost 50p per call plus your phone company's access charge. Calls from mobiles will cost considerably more.

Texts cost 50p plus your standard network rates.

If you do not wish to receive details on any other products or services, please text EXIT at the end of your message. Lines close on Thursday, July 7. Entries received after the closing date will not be counted but may still be charged.

Service Provider: JMedia UK Limited, RH16 3EG. Tel: 020 7720 7130.

*T&Cs: The first five entries randomly drawn after the closing date will win the tickets. There is no cash alternative. Editor's decision is final. This show is not affiliated with Dirty Dancing: The Classic Story on Stage currently on tour in the UK and worldwide.*

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# Stars out to support hospice



**FUNDRAISER:** A host of celebrities will be at Haven House Children's Hospice for this month's summer fayre

TV actor Gary Lucy, Towie's Debbie Douglas and model Casey Batchelor will be out in force for Haven House Children's Hospice's Summer Fayre on Sunday, July 10.

More than 1,000 people are expected at the annual event in the grounds of The White House, High Road, Woodford Green.

Hospice staff promise a day of fun and excitement with Jailhouse Blues Brothers, a Blues Brothers tribute band, entertaining the crowd with a storming set of soul classics.

Children can enjoy trampolines, a pirate ship-themed playground and bouncy castles. There will be a barbecue, a Pimm's station and stalls selling clothing and toys, including items from Haven House's four charity shops.

Miss Douglas, who lives near Chingford, said: "I can't wait for this year's Haven House summer fayre."

"I came last year and it was so

much fun. It's a great event for the community and raises much needed funds for the hospice. I look forward to seeing you all on the day."

Mike Palfreman, chief executive, said: "Our summer fayre is a key highlight in our calendar and we always look forward to opening up our prized grounds for a day of fun and excitement."

"We are delighted that several of our celebrity supporters, including our patron Gary Lucy, will be attending this year's event and we hope it raises an excellent amount for the hospice."

The suggested entry donation is £2 and under-threes have free entry.

Sponsors are needed to help fund the event. For £50 sponsorship a business name or logo will be displayed on a sponsorship board in a prominent position.

For more information call 020 8506 3638 or email katedonoghue@havenhouse.org.uk.

## 'Overwhelmed' by generosity of Sikh community

A SIKH community group has donated 300 specialist toys and equipment to Haven House.

The Sikh Welfare and Awareness Team (SWAT London) bought the items from Haven House's Amazon wishlist.

The organisation became aware of the charity through its work with the UK Sikh Health Chaplaincy Group.

Hospice staff said some of the toys will be included in the toy home loan service which provides parents of poorly children with free

use of specialist toys for three months.

Randeep Lall, of SWAT London, said: "It was an absolute delight to have the opportunity to meet the children and supporting families who are part of Haven House. It was a heart-warming and eye-opening visit and we all learnt so much."

Mike Palfreman, chief executive of Haven House, said: "We have been left overwhelmed by the generosity of SWAT London in purchasing so many specialist toys and equipment from our wishlist."



**DONATION:** The Sikh Welfare and Awareness Team (SWAT London) at Haven House Children's Hospice, Woodford Green

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# It's a (royal) family affair

A STREET party was held at a school in Romford to celebrate the Queen's 90th birthday.

Children at Squirrels Heath Infant School in Salisbury Road took part in activities during the event last Wednesday, including maypole danc-

ing and marching. They also sang birthday songs and the national anthem.

Families were invited and staff dressed as members of the royal family.

Headteacher Julie White said: "We

want to provide our pupils and families with a wide range of enrichment activities and memories that will stay with them for a long time.

"This week's 90th birthday celebrations for the Queen provided just that."



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\*Participants must be 16 or 17 on 31 August

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### CRYPTIC CLUES

#### ACROSS

7. Bad date Warren cooked – it's a limited diet (5,3,5)
8. Tactful record about the alien (8)
9. Hired out before Easter (4)
10. Insane artists from India (6)
12. Speaks for nothing on former local government income (6)
14. Start again with a summary (6)
16. Unimportant snub (6)
18. Sell the game back (4)
20. Records an attempt at needlework (8)
22. Red went to sing about where the PM lives (7,6)

#### DOWN

1. Air trite argument to annoy (8)
2. Sailor upsetting a rascal (6)
3. With due deference to speed (4)
4. Editor is into new issues (8)
5. Father gets a girl to prepare a Spanish dish (6)
6. Intend to be stingy (4)
11. Smart to include the church number when detecting (8)
13. Strongly advised Dot and her ex to get together (8)
15. Pressing on the old city chap (6)
17. Somehow rent is put in (6)
19. The weaving machine might seem close (4)
21. Stop out of position (4)

### QUICK CLUES

#### ACROSS

7. Varied (13)
8. Evident (8)
9. Rivet (4)
10. Clear (6)
12. Tie (6)
14. Go round (6)
16. Prickly (6)
18. Close (4)
20. Normal (8)
22. Embarrassing (13)

#### DOWN

1. Energy (8)
2. Be very sparing (6)
3. Run (4)
4. Abuse (8)
5. Oral (6)
6. Tug (4)
11. Deduction (8)
13. Face (8)
15. Assault (6)
17. Floral (6)
19. Inheritor (4)
21. Judge (4)

### Last week's solutions

Look up to: 16 Sordid; 17 Sullen; 18 Buff; 20 Gash.  
Prayer: 6 Beholden; 7 Wept; 11 Spellbound; 13 Down: 2 Amalgamate; 3 Damp; 4 Cheeky; 5 Bean; 19 Religion; 21 Filthiness; 22 Hide.  
Across: 1 Hard; 8 Abhorrence; 9 Slippery; 10 Oust; 12 Futility; 14 Redden; 15 Famous; 17 Single; 18 Pity; 19 Contract; 21 Second mate; 22 Lamb.  
Down: 2 All the same; 3 Mouth; 4 Stable; 5 Debris; 6 Rampancy; 7 Bony; 11 Traffic jam; 13 Ullterior; 16 Recede; 17 Denial; 18 Host; 20 Reel.

### CRYPTIC SOLUTIONS

### QUICK SOLUTIONS

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## NEWS

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# Customer rats on dirty eaterie

A TAKEAWAY restaurant has been closed down and hailed as a 'serious risk to public health'.

Hygiene officers made a series of shocking discoveries including mouse droppings, mouldy black pudding and bacon that was turning green.

A food safety inspector from Waltham Forest Council visited Hamburger Grill on Walthamstow High Street after a customer complained about seeing a rat in the toilets.

As soon as the officer entered the kitchen area he noticed that it was 'thick with

grease and extremely dirty'.

The inspector found mouse droppings on a shelf where food was being stored and next to plates customers eat from.

Rat and mouse droppings were found in the rear food store and a large rat hole was found in a cupboard.

A large amount of mouldy food was discovered on the premises, including on fruit and in jars of pickled beetroot and gherkins.

All of the containers on the premises were greasy and encrusted with food.

Due to the serious risk to public health, the inspector served a hygiene emergency prohibition notice on the premises, meaning it would have to shut immediately.

A hygiene emergency prohibition order was then ordered at Stratford Magistrates Court, which means the premises will have to remain closed until the hygiene issues have been addressed.

Cllr Clyde Loakes, deputy leader and cabinet member for environment, said: "We'll always act on concerns raised by our residents. The list of hygiene breaches found in this restaurant was truly stomach churning."

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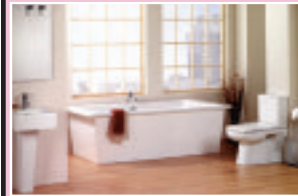
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**DELIGHTED: Andrew Rosindell MP**  
Photo by Mark Cleveland



**DISAPPOINTED: Dame Angela Watkinson MP**

## East London boroughs split 50:50 on EU referendum

PART of east London narrowly voted to exit the European Union in last week's referendum.

Boroughs in the Y4's distribution areas were split – two for Brexit and two against.

In Havering, 69.7 per cent of voters chose to leave, while in Barking and Dagenham it was 62.4 per cent.

But in Waltham Forest the Remain campaign won 59.1 per cent, while in Redbridge it won 54 per cent.

Havering's two Conservative MPs gave contrasting reactions after Britain voted to leave the European Union.

Dame Angela Watkinson MP, who supported Remain, said: "I am disappointed that the country has voted, by a narrow majority, to leave the EU."

She added that she deeply regretted Prime Minister David Cameron's decision to resign, and said that the "momentous" decision to leave the EU could trigger further calls for a Scottish independence referendum.

She said: "As a democracy, we must now move forward and work together for the future of our country. The election of the new prime minister will trigger the two-year legal withdrawal period from the EU and negotiations on many fronts to set up new trading contracts."

"We must do everything possible to maintain confidence in the UK economy during the coming period of great turbulence."

Romford MP Andrew Rosindell, who supported Leave, was "delighted and proud of the people of Havering" for the way they voted in the referendum.

He had expected the vote for Leave in the borough to be around the 70 per cent mark.

Mr Rosindell said: "That was the reaction I was getting everywhere I went."

"Overwhelmingly, it was a massively clear and unambiguous decision of the people of Havering."

He added: "There's going to be a bit of uncertainty but we will be quickly back on track."

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## RSPCA and charity step in to give vital first feed



**QUICK-THINKING:** An RSPCA inspector and Essex Horse and Pony Protection Society staff with the foal and mare. Right, the foal is fed



# Teamwork helps to save newborn foal

THE life of a five-hour-old foal was saved thanks to quick-thinking RSPCA inspectors and staff from the Essex Horse and Pony Protection Society.

When RSPCA inspectors Lucy Brennan and Marie Hammerton took a call about a newborn foal, who had not yet been able to feed, they had to act quickly. Rushing to the field near London Road, Epping, they found the foal collapsed with his distressed mother standing over him.

Inspector Brennan said: "When we found the little chap, he was in a bad way. It's absolutely essential that foals get that first feed from their mothers successfully, as it contains vital nutrients needed for them to survive those crucial first few hours after they're born."

"We think he was born just before lunchtime, which means he had been several hours without his first milk feed. I lifted him onto his feet three times but he kept falling back so I called a vet immediately, who advised us to try and get some milk into the foal as soon as possible."

The inspectors called the Essex Horse and

Pony Protection Society for assistance and two staff members arrived. Between them, they separated the mare and foal from the other horses in the field so they could focus on calming the mare and attending to the foal.

Inspector Hammerton knocked on doors of nearby homes to ask for a baby bottle and once she had one the group hand-milked the mare before bottle-feeding the foal.

Inspector Brennan said: "After some time feeding the foal and caring for the mare, we managed to locate the owner, and as the foal was a little brighter by this point, he then arrived with a horse box to transport both mare and foal back to his yard."

"This is a great example of the type of multi-agency work we do with other equine charities to help improve the welfare of horses, and in this case, save a life. We are grateful to the Essex Horse and Pony Protection Society for their help, they were fantastic."

The foal is now doing well and is on his feet and feeding from mum on his own.

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### Friday, July 1

■ Meeting – Redbridge 18-Plus, York Room, Ilford Central Library, Clements Road, Ilford.

### Saturday, July 2

■ Table Top Sales – St Paul's Community Centre, Barley Lane, Goodmayes, IG3 8XE, free admission, noon to 3pm, cost per table from £8, to book call 07453 782726, first come first served.  
■ Tennis – small club in Ilford, we play Sat pm, Sun am and three weekday afternoons, over-50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.  
■ Ante-natal Yoga – Quaker Meeting House, Bush Road, Wanstead, E11, Sat 10am to noon, Mon 6.45-8.45pm, post-natal yoga, Sat 12.05-1.15pm. 020 8923 6452.

### Sunday, July 3

■ Steam Train Rides – Ridgeway Park, Peel Close, off Old Church Road, Chingford, E4 6XU. Plus Bank Holiday Mondays. 2pm-5.30pm. Fare £1 or £1.50. Under-threes free entry.  
■ Ilford & District C.H.A. Rambling Club – morning walk and street festival, meet 10.30am at The Cutty Sark DLR station. Three-mile walk, 020 8926 4593.  
■ One Day Workshop – printmaking, 10am-3pm, Buckhurst Hill Community Association, Bedford House, 4 Westbury Road, IG9 5NW. £24, 020 8504 6668.  
■ Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, new members welcome, aged 18 and over, all levels, details Mark 020 8598 8435 (before 9.30pm).  
■ Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.  
■ Sunday Services – Kings Road Baptist Church, Chingford (junction of Kings Road

and Scholars Road), 11am and 6.30pm.  
■ Sunday Services – Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am to noon.  
■ Learn to Dance Modern Jive – Hainault Forest Community Centre, 7-10.30pm. 07768 005858.

### Monday, July 4

■ Short Mat Bowls – Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, 7pm, details Tony or Heather 01708 340874.  
■ Music Listening Appreciation Group – Rectory Library, Rectory Road, Dagenham, 7pm, admission free. 020 8592 8821.  
■ Rehearsals – Redbridge Ladies Choir, Palmer Catholic Academy, Seven Kings, 7.45-9.15pm, new members welcome. 020 8551 9895.  
■ Rehearsal – The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite Underground station), 7.15pm, new members welcome. 020 8505 4329.  
■ Forest Highlanders Pipes and Drums – St Cedd's Church, Seven Kings, 8pm.  
■ Bingo – Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, 1.30pm.  
■ Multi-denominational healing – Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barking, IG6 1PS (next to car park, Fullwell Cross roundabout), 7-9pm, no charge, 07971 536581/556490 or 07821 969405.  
■ Yoga Classes – The Peterhouse Centre, Walthamstow, 1-3pm and Tiptree Community Hall, Barking, 7-8.30pm, call Kay Russell 020 8554 7168.

### Tuesday, July 5

■ Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, 1.30-4pm. 020 8595 3973.  
■ Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, 10am, games, videos, friendship, all welcome. 020 8599 1479.  
■ Club – Barking and Dagenham 18-Plus, The White Horse Inn, 118 High Road, Chadwell Heath, ages 18-35, 9pm, free trial membership, details Joe 07958 669339.  
■ Duplicate Bridge – Parkside Community Centre (corner of Goodmayes Lane and Longbridge Road), Barking, 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.  
■ Rehearsals – Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, 8-10pm. 020 7474 7926.

Gilbert and Sullivan, songs from the shows, old time music hall.

■ Come Sing With Us – Pearl Hiller Concert Choir, Gants Hill, 1.30-3.30pm, call Pearl 020 8554 1240.

■ Chadwell Heath Canasta Club – Chadwell Community Centre, High Road, Chadwell Heath, RM6 6AS, 7pm, all welcome, from beginners (we will teach you), 020 8599 6638.

■ Barking Road Runners – Barking Abbey School Leisure Centre, Woodbridge Road, 7.15pm, for experienced or fun runners, over 16 years. 020 8594 4602.

■ Whist Drive – British Legion Club, Ilford, 7.45pm. 01708 555478.

■ Line Dancing – Walthamstow Trades Hall, intermediate, 8-11pm. 07968 036373.

■ Circle Dancing – King Solomon High School, Barking, 8-10.30pm, no partners necessary, details 07956 592938.

■ Square Dancing – American Square Dance Club, Fullwell Cross Library, Barking, 8-10.30pm, beginners welcome.

■ Tea Dance – Woodward Hall, Woodward Road, Dagenham, mainly ballroom and Latin American, 2-4pm. 020 8592 8402.

■ Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barking, 8-10pm. 020 8559 8505 (eve).

■ Salsa classes – Latin aboard the Tereza Joanne moored at King George V Dock, E16, 7.30pm. 020 7511 5000.

■ Fitness classes – Wesley Hall, Methodist Church, Loughton High Road, 10.30-11.45am, safe, fun, 020 8508 3346.

■ Sahaja Yoga Meditation – 1a Jewel Road, Walthamstow, learn to meditate, relax, de-stress, free weekly classes, 7.30pm, beginners welcome. 07931 851954.

■ Yoga Classes – Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm. 020 8550 0689.

■ St Francis Mother and Toddler Club – Evangelical Church, Fencepiece Road, Barking, 1.30-3pm, adults £1, children free.

■ Duckling Club – Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, 10am to noon. 020 8514 1255.

### Wednesday, July 6

■ Badminton player required to join small friendly group, 8.30-10.30pm, Higham Hill area Walthamstow. 020 8527 7234.

■ Talking Hands – club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library.

■ Table Tennis – Forest Community, Guildford Road, Walthamstow, 8pm, new

members welcome, Ray 020 8524 4289.

■ Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 1-4pm, short mat bowls and snooker, 50p per session.

■ Live Blues Jam – Coach and Horses, 391 High Road, Leyton, guests, regulars and house band, £2 listeners, £1 musicians, all welcome, singers and drummers especially, 8.30-11.30pm. 020 8502 0351.

■ Ilford No. 1 Senior Citizens Club – St John's Church, St John's Road, Seven Kings, IG2 7BB, 1-3pm, details Helen 020 8590 7291.

■ Social Club – Wanstead House, The Green, E11, 8.30-10.30pm. 020 8514 8046.

■ Bingo – Royal British Legion Club, 31 Dunton Road, Leyton, 7.30-10pm.

■ Clairvoyance – Little Ilford Christian Spiritualist Church, Third Avenue, Manor Park, spiritual healing 12.30-1.45pm, services with clairvoyance 2pm and 7.30pm, donations accepted. 020 8514 4030.

### Thursday, July 7

■ Keep Fit for over-50s – Debben Park Community Association Hall, Willingale Road, 10.30am. 020 8508 3346.

■ Weekly 'drop-in' – friendly people who just want an afternoon of company. St Andrew's Church, Church Road, E17 6AR, 2-4pm.

■ Circle Dancing to World Music – First Thursday of the month, Welcome Centre, Church End, Walthamstow, 1.30-3.30pm, £4, beginners welcome, no partner needed, Pat 020 8556 3508.

■ Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.

■ Wanstead Rotary Club – County Hotel, South Woodford, 1-2.15pm, call David 020 8989 2701.

■ Barking and Dagenham Friendship Club – Methodist Church, London Road, Barking, 2-4pm, £1.50, for people who have had a sad loss. 020 8594 8409.

■ Rehearsals – Woodford Symphony Orchestra, 020 8504 7783.

■ Dagenham Camera Club – Wanz Library, Rainham Road North, 8-10pm. 020 8252 2934.

■ Forest Creative Writers Group – Jazz Archive Room, Loughton Library, Traps Hill, Loughton, 12.45-2.45pm.

■ Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 50p per session.

■ Social Meeting – Redbridge Stroke Club, Loxford Youth Centre, 2-4pm. 020 8220 5878.

■ Indoor Short Mat Bowling Group – Buckhurst Hill Baptist Church, Palmerston Road, Buckhurst Hill, 8-10pm, facilities for disabled players, call Ken 020 8504 9044.

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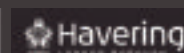
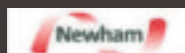
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## Bold facelift for Vauxhall's small SUV

By Stewart Smith

VAUXHALL has announced prices for its new Mokka X and Zafira Tourer models which will be in showrooms from October.

The new Mokka X SUV will have a starting price of £17,590 and comes with a number of petrol and diesel engines to choose from, including the new-to-range 1.4i 153bhp Turbo automatic petrol engine, as well as the 1.6CDTi 110bhp ecoFLEX manual diesel.

The new six-speed manual diesel engine version is available at every trim level and delivers up to 72.4mpg.

It is available from £19,515 with the Design Nav trim.

Elsewhere in the range, Vauxhall is also introducing a new generation 1.4-litre Direct Injection Turbo (153bhp) petrol unit that offers 0-60mph acceleration of just 9.4 seconds and a top speed of 120mph.

With a six-speed automatic transmission, adaptive all-wheel drive and start/stop, the 1.4 Turbo engine is available from £21,150 in Design Nav trim.



NEW LOOK: The Vauxhall Mokka X SUV

Elite Nav is the top-of-the-range and will be priced from £22,855 and comes with full leather

interior, heated front seats and steering wheel, as well as tinted rear windows.

The popular new Zafira Tourer will have an entry level price of £18,615 – an increase of £1,300

over the current model – and comes with an attractive new exterior and interior that emphasises its spacious design and outstanding in-car connectivity.

The latest model comes with the Flex7 seating system, ergonomically-certified front seats, a Flex-Fix bicycle carrier and FlexRide adaptive damping.

Vauxhall is offering a choice of two engines for the new Zafira Tourer, the 1.4i 140bhp Turbo or the 2.0CDTi 170bhp in either manual or automatic transmission.

By choosing the 2.0CDTi 170PS diesel engine with start/stop manual transmission, the Zafira Tourer offers customers a combined fuel consumption of between 57.7mpg and 54.3mpg.

The range-topping Elite Nav model adds the Vauxhall 950 Satellite navigation system and 18-in alloy wheels.

The panoramic sunroof is also standard in this trim, as are heated leather ergonomic front sports seats, dark tinted rear windows, electronic climate control and front fog lights.

The Elite Nav trim is priced from £25,445.

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# RYDER SEES ESSEX HOME

## Kiwi stars as Eagles move to within touching distance of quarter-finals

### Cricket

**Surrey v Essex Eagles**  
**NatWest T20 Blast South at the**  
**Kia Oval**  
**Surrey 117/9 (20 overs)**  
**Essex 121/2 (16.5 overs)**  
**Essex won by 8 wickets**

By Brian Jeeves

JESSE Ryder was the hero as Essex Eagles made it two NatWest T20 Blast victories inside 24 hours, soundly seeing off Surrey in a rain-hit match to give themselves a fighting chance of reaching the quarter-finals.

Having invited the hosts to bat, Essex restricted Surrey to an impoverished total of 117/9 from their 20 overs.

Sam Curran was the pick of the Surrey order. His knock of 32 was eventually curtailed by the bowling of New Zealander Matthew Quinn.

Dwayne Bravo joined the supporting cast, hitting 20 before he was removed, caught Ryan ten Doeschate, Quinn again profiting with the ball. Nevertheless, those around fell even cheaper as the

Essex attack continued their stranglehold on proceedings.

Graham Napier finished with impressive figures of 3/28, while there were two wickets apiece for Quinn and Dan Lawrence.

Despite setting Essex a target of just 5.85 per over, Surrey gave themselves hope by removing Kishen Velani without scoring in the second over.

However, Ryder and Westley carried the fight for Essex with a second wicket stand of 39. The latter departing for 19 having been trapped lbw by Bravo.

But Ryder was clearly in the mood, moving Essex within touching distance before the rain intervened.

Once the showers had passed, the flamboyant Kiwi reached 52\*, ably assisted by an unbeaten 36 from Ravi Bopara to see the visitors comfortably over the line with 3.1 overs to spare.

This was the Eagles third victory of what has so far been a frustrating campaign.

Nevertheless, they now sit in seventh place in the South Group,

just two points adrift of Sussex in the final qualification place for the quarter-finals.

Essex now face Kent Spitfires at the Essex County Ground on Friday, July 1 (7pm) in the NatWest T20 Blast South Group, with everything to play for.

■ Wahab Riaz's spell with Essex County Cricket Club has come to a premature end after he was called up early to a Pakistan training squad ahead of their upcoming Test series against England.

Having joined The Eagles at the beginning of the NatWest T20 Blast campaign, Riaz was scheduled to play the first seven matches.

Essex head coach Chris Silverwood said: "It's a shame Wahab's spell has been cut short.

"Obviously we understand that his international commitments come first and that is the risk you take when signing international quality players."

The Pakistan international does have the option to return to the club should Silverwood's men reach Finals Day.



IN THE MOOD: Jesse Ryder

# Haverling youths in with promotion chance

### Athletics

A GREAT team performance by the Haverling Under 17 and Under 20 Youth Development squad earned a clear victory at Eltham and took the team to the top of the table, with one match left and within reach of promotion to the Premier division.

Philippa Gill had a hat-trick of wins for the powerful Under 17 women's team, who notched up 10 wins in total.

Philippa again improved her own club record in placing second in the hammer to UK number two Katie Head, and added wins in the A javelin and B shot.

Kate O'Neill and Sophie Rand took full points in the 800m, as did Jess Mitchell and Catherine Barker in the 1500m, with Barker adding 3000m victory too. Izzy Purdie and Shannon Dooley were inseparable on time in winning both strings of the 80m hurdles combined race, and Katherine Buckley won the B hammer and was second in the discus, while Elysha Thatcher-Gray was runner up in the A shot.

Holly Nash was second in the 200m and Abi Shipton was also second in both B sprints. Izzy McDonach was second in both long jump and discus B competitions and Emily James added points in 300m and javelin.

The Under 20 women notched up six individual wins with Amy Baggs winning the 800m and taking the B 400m in a new PB. Georgia Phillips added a 1500m and 800m double and Lois Wyatt took the points in the 1500m B event. Lucy Bailey won the sprint hurdles and Katie Dawson scored well in four events.

Emily James joined Dawson, Phillips and Baggs in the second placed 4x400m quartet.

The Under 20 men's squad were short of full strength but scored strongly. Lewis Bailey came home in front in the 100m and was second in the 200m, and his B string partners Ben Gad and Elliott Addison were both second in their races.

The field events duo of Michael Duncan and Ed Brinton-Quinn racked up points with Duncan winning the discus (PB) and B hammer and Brinton-Quinn the A hammer, as well as second and third places in their other events.

Euan Harlow won the B 3000m and Sam Omo-Olofin was second in the B 400m. Matt Owers (400m), James Stewart (800m and 3000m) and Aidan Elmore (1500m) added more track points before the 4x400m relay team of Addison, Owers, Jack Rice and Bailey brought the meeting to a close in second place.

Paul Okesola's discus win was the

only A victory for the Under 17 men with Shandell Taylor winning the B javelin as well as coming second in both long and high jumps.

The 800m pairing of Jack Rice and Sam Atkins were both second, as were Kieran Riddell (400m hurdles) and John Fennessey (1500m chase). Jack Noons completed the line-up with points in both 200m and 400m.

The team are two points clear of the combined Ashford, Thanet, Invicta and Paddock Wood squad.

The final match at Gillingham on July 24 will decide who goes forward to the "paper" promotion match with the other division winners.

■ Six club athletes rubbed shoulders with the best in Britain as they competed at the British Championships and Olympic Trials at Birmingham at the weekend. Lauren Deadman's fine season continued as she finished fourth in the 5000m, in a season's best of 16:00.16s as Steph Twell and Eilish McColgan sealed the coveted two spots to earn selection for Rio, and finishing only three seconds adrift of third placed Laura Whittle who has the Olympic Standard.

Afterwards Lauren said: "I'm really pleased with today's result to achieve my equal highest position in the British champs in such a high quality field."

Louise Lacy was delighted to

throw a season's best of 43.61m for ninth in the javelin to continue her return from a shoulder injury and Rachel Forder, although disappointed with her result, was proud to compete in the prestigious event in her first year as a senior.

Josh Olawore competed in his first outdoor long jump competition of the summer after an ankle injury restricted him to sprints and placed 15th with 6.93m.

Also in action were Faye Fullerton who bagged a late invitation to run in the 1500m and ran 4m 30.76s in her heat and 18-year-old Michelle Hughes who ran 64.82s in the 400m hurdles heats.

Hughes's younger sibling Mayi showed impressive form in finishing second in her first heptathlon at the Anglian Schools Combined Events Championships at Peterborough on Sunday.

After winning the 80m hurdles in 12.0s Mayi equalled her high jump best with 1.61m and rounded off day one with a 9.94m shot and 200m PB of 27.0s. A long jump of 4.90m and javelin PB of 30.63m saw Mayi line up for the 800m where she took almost 10 seconds off her best with 2m 42.5s to score 4331 points, behind Suffolk's Katrina Kemp, leading the Essex Inter Girls team to qualify for the national finals.

### Non-league round-up

## Phillips moves on from Town

By Brian Jeeves

DEFENDER Mark Phillips explained to *Yellow Sport* his reason behind leaving National League Braintree Town to link up with Kent outfit Ebbsfleet United.

The 33-year-old enjoyed a superb campaign with the Iron, landing the club's Player of the Year award in the process, but felt the time was right to move on.

He said: "There was no reason particularly. Obviously we had a great season last year at Braintree. But there was a little bit of uncertainty what with manager Danny Cowley leaving for Lincoln City and nobody really knowing who the new boss was going to be, it was just left a little bit open.

"At the end of the season I had quite a few offers on the table, however, for me, Ebbsfleet United turned out to be the best. I saw it as a new challenge. They also have a great chance of pushing for promotion from the National League South. I was impressed with the set-up at Stonebridge Road, they are a professionally run club."

Despite cutting his ties with Braintree, the former Southend United man spoke highly of the club and fans, adding: "I had an amazing year at Braintree. I want to thank the club and the fans so much. It was probably up there with one of the best seasons of my career.

"What we did was incredible. I hope they can follow it up under the management of Jamie Day and push on again during this campaign.

"Unfortunately, I won't be playing in the same division this season, but I hope that won't be for too long and that Ebbsfleet can fulfill their potential."

Meanwhile, Braintree have further bolstered their squad with the signing of Harry Lee from Welling United. The 21-year-old midfielder links up with former boss Jamie Day at Cressing Road after he had joined Welling from Sky Bet League Two outfit Leyton Orient in January, where he made seven Football League appearances.

Previously, Lee enjoyed a loan spell with Farnborough.

Ryman League Division One North new boys Bowers & Pitsea have signed Ben Sartain from local rivals Basildon United.

Sartain links up with the Len Salmon Stadium club after helping the Bees to the runners-up spot in the Essex Senior League as well as lifting the ESL Cup.

The midfielder is no stranger to Bowers' fans after grabbing a spectacular goal in Basildon's 2-1 win over their rivals during the title run-in. He has also tasted Ryman League experience in the past with Heybridge Swifts and Maldon & Tiptree.

Speaking to the club's official website about his latest signing, manager Rob Small said: "I am pleased Ben has agreed to join us. He impressed me whenever I saw him last season. He will fit in well with our boys."

Ryman League Division One North outfit Maldon & Tiptree have completed the signing of striker Michael Salako. The 21-year-old has returned to the Essex area after sitting a business law degree at university.

The exciting frontman links up with Kevin Horlock's men having previously enjoyed spells with Tooting & Mitcham, Corinthian Casuals and Bowers & Pitsea.

National League South club Chelmsford City have added Danny Clare to their staff in the role of goalkeeping coach. Clare, who held coaching posts at both Heybridge Swifts and Concord Rangers, becomes the latest piece in new manager Rod Stringer's Claret's jigsaw, as the Melbourne Stadium club look to mount a serious promotion push.



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